

STAR

DIGITAL NOMADS RURAL RESIDENCY PROGRAMME STAR PROJECT

| BOSNIA AND HERZEGOVINA
– MONTENEGRO

STAR

STAR Digital Nomads Residency Program



This curated residency programme is designed for digital nomads interested in sustainable travel, rural lifestyles and authentic local experiences.

Over the course of one month, 5 selected participants will explore the rural areas of cross-border region of Montenegro and Bosnia and Herzegovina, visiting eco-villages, rural households and nature-based tourism operators.

The programme is implemented within the project Strengthening tourism offer in cross-border area through attracting digital nomads to the rural areas STAR, implemented by INTERA Technology Park, IEC Tehnopolis and the National Tourism Organisation of Montenegro. Overall objective of the project is to contribute to the sustainable tourism development in the cross-border area through creation of preconditions for attracting digital nomads as a new target group. Within the project, 30 service providers in the tourism sector were mapped, and their capacity to attract digital nomads was strengthened through capacity-building and networking activities. These service providers will be included in the programme and visited by digital nomads.

ABOUT THE PROGRAMME

WHAT IS INCLUDED:

Flight tickets

Up to 400 EUR per person (to be refunded upon completion of the programme and fulfilment of all reporting obligations)

2 rental cars

for transportation between destinations during their stay, including fuel (up to 200 EUR in per car)

Two meals

per day throughout the entire stay, with one drink included

Accommodation

Single-room/separate sleeping space accommodation is provided. Accommodation types vary by location, especially in rural areas. Applicants are encouraged to review all host organisations and locations before applying.

Additional activities

as listed in this document; The activities listed are not mandatory, but they are recommended to ensure the best overall experience. During the participant selection process and upon signing the agreement, selected participants will be asked to indicate which activities they wish to take part in.

SELECTION CRITERIA:



Reach and size of community on social media



Overall activity and presence within the digital nomad ecosystem (conferences, programs, social media presence, relevant platforms, etc.)



Must have a valid driver's license and be willing to drive within the region, as this will be their primary mode of transportation

OBLIGATIONS:

Speaking at meetup

Participate as speakers at one meetup in Bosnia and Herzegovina and one in Montenegro, where they will be introduced to the local community, relevant stakeholders, etc., in a local coworking space

Use services

Stay at and use the services of all operators as outlined in the program

Promotional activities

Carry out promotional activities during their stay in Bosnia and Herzegovina and Montenegro, including:

- At least 5 social media posts
- 1 blog post/article published on their website, LinkedIn, or relevant platforms, including feedback on the overall experience
- At least 1 photo clearly showing the use of services of each operator they engage with, along with consent for these materials to be used later for promotional purposes
- At least 1 video promoting the destinations (including footage from both countries)
- Appear in at least 1 media outlet per country (radio/TV/online), as coordinated by the organizers
- Willingness to attend meetings with relevant local stakeholders if needed (tourism boards, local authorities, etc.), at least one in each country

PROGRAMME

ITINERARY for September

15 - 18 September
2026



Ljubuški



Adria Centar Koćuša



Afternoon canoe safari
(16.9.)

18 - 20 September
2026



Grude



Marića Gaj



Joint activity and lunch at
Obećana zemlja
Permaculture Homestead
(19.9.)

20 - 23 September
2026



Konjic



Visit Konjic



Mostar Guided Tour
(20.9.)
Rafting on Neretva river or
hiking (22.9.)

23 - 25 September
2026



Čapljina



Hotel Park Karaotok



Meetup at Code Hub
Mostar (24.9.)
Boat ride on Hutovo Blato,
cca 13:00 (25.9.)

25 - 27 September
2026



Stolac / Ravno



Hostel Vodopad (1st
group)
Hotel Stanica (2nd group)



1st group: historical tour
2nd group: Vjetrenica cave
visit
(26.9. afternoon)

27 - 30 September
2026



Tivat / Herceg Novi



Hostel Anton (1st group)
Eco Village Klinci (2nd
group)

*In the event of unforeseen circumstances, the organizer reserves the right to modify parts of the program,
about which participants will be informed in a timely manner.*

PROGRAMME

ITINERARY for October

30 September - 2 October
2026



Nikšić



Đed Radoš (1st group)
Gea Retreat Montenegro
(2nd group)



Meetup at Code Hub
Nikšić (tbc) (30.9.)
Joint activity and lunch at
Gea Retreat (1.10.
afternoon)

2 - 5 October
2026



Plužine



Grab Ethno Village



Jeep safari, 2 canyons
(3.10. afternoon)

5 - 7 October
2026



Šavnik



Eco Village Nevidio

7 - 9 October
2026



Plužine



Ethno Village Montenegro



Joint activity: Mrtvica
Canyon hike or Crno
Jezero & Žabljak tour, tbd
(8.10. afternoon)

9 - 11 October
2026



Kolašin



Monte Chalet

11 - 14 October
2026



Mojkovac



Ethno Village Štitarica



Tour of Tara Canyon or
hiking (12.10. afternoon)

14 - 15 October
2026



Danilovgrad / Podgorica



Rural Household
Kamengrad (1st group)
Hotel Terminus (2nd
group)

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WHAT MAKES THIS PROGRAMME SPECIAL



Carefully selected rural and eco-friendly locations



Combination of work-friendly environments and outdoor activities



Direct contact with local communities and tourism operators



Focus on slow travel, sustainability and storytelling

NOT A GUIDED TOUR

This programme is not a guided tour. Although the itinerary is predefined, participants are expected to explore each destination and its services independently, just as they would when travelling on their own. Throughout the programme, the project team will be available to provide practical information, recommendations and support, but participants are encouraged to take the lead in discovering the destinations and making the most of their experience. As this is a pilot programme, they are required to test the services of the selected tourism operators and destinations and provide honest, constructive feedback. Their insights will help improve the quality of services and the overall visitor experience, supporting operators, destinations, and the cross-border region in developing a more attractive and digital nomad-friendly offer.



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ROLE OF DIGITAL NOMADS

As part of this pilot programme, participants are invited to document and share their experiences through authentic content creation, helping promote the cross-border region.

They are also obliged to test the services of selected tourism operators and destinations, providing constructive feedback to support the further development and adaptation of the offer to the needs of digital nomads.

This programme is implemented through the STAR project, co-financed by the IPA III CBC Programme Bosnia and Herzegovina – Montenegro 2021–2027.